

Blood Donor Travel Guide

The information provided here is to be used as a guide to help you determine if you are eligible to donate. The FDA has identified the countries and length of stay as a risk for blood donation. If you have any questions, please ask a blood bank representative.

GENERAL AREA	RISK	COUNTRIES	DATES	LENGTH OF STAY
UNITED KINGDOM	vCJD	Channel Islands, England, Falkland Islands, Gibraltar, Isle of Man, Northern Ireland, Scotland, Wales	1980 through 1996	Traveled or lived in these countries for a combined total time of 3 months.
EUROPE	vCJD	Albania, Austria, Belgium, Bosnia-Herzegovina, Bulgaria, Croatia, Czech Republic, Denmark, Finland, France, Germany, Greece, Hungary, Republic of Ireland, Italy, Liechtenstein, Luxembourg, Macedonia, Netherlands, Norway, Poland, Portugal, Romania, Slovak Republic, Slovenia, Spain, Sweden, Switzerland, United Kingdom., Turkey, and Federal Republic of Yugoslavia (Serbia, Kosovo Montenegro)	1980 to present	Traveled or lived in these countries for a combined total time of 5 years.
US MILITARY BASES	vCJD	Belgium, Germany, Netherlands, and United Kingdom	1980 to 1990	Resided at these or any other vCJD risk US military bases for a total of 6 months or more.
US MILITARY BASES	vCJD	Greece, Italy, Portugal, Spain, Turkey	1980 to 1996	Resided at these or any other vCJD risk US military bases for a total of 6 months or more.
AFRICA	HIVV-1 GROUP O	Cameroon, Central African Republic, Chad, Congo, Equatorial Guinea, Gabon, Niger, and Nigeria	1977 to present	Born in, traveled or lived in for a total of 6 months or more.
MALARIA RISK COUNTRIES	MALARIA	Most countries in Central and South America, Africa, Southeast Asia, and other tropical areas. In some countries the risk is only in certain areas. If you have a question, please ask a Blood Bank representative	Travel last 12 months. Resident last 3 years	Any time, no matter how short.